Essex County Council
Special Educational Needs and Disabilities



Your guide to supporting young people as they prepare for their future

Whether you're exploring next steps in education, training or employment together, this guide brings all the clear and practical information you need into one place.

Preparing for Adulthood: Parents and carers guide to post-16 opportunities

For parents, carers and families looking for clear, accessible information to help them work with practitioners to support a young person's future choices

What the guide covers:

- Understanding post-16 choices and pathways
- Preparing for adulthood: education, work and independence
- Practical tips to help you make informed decisions
- Tools, checklists and helpful contacts

Scan the QR code or use the link below to access the guide

https://www.essexopportunities.co.uk/post-16-parents-carers-guide/post-16-parents-carers-guide/

The QR code collects basic anonymous data to help ECC understand how the guide is accessed

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