

What is Travel Training?

Travel Training gives people with special educational needs or disabilities the confidence and skills to travel on buses and trains independently. Help is also available for walking routes.

Being able to travel on public transport is a key life skill. It lets you make choices about how you live, go about your daily life and fulfil your potential.

Travel Training can help overcome barriers to:

- Accessing school or college
- Employment
- Social inclusion

Travel Trainer Name:

_____

Mobile:

_____

This information is issued by:
Travel Training Team

Contact us:
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www.travel-training.co.uk
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The information contained in this document can be translated and/or made available in alternative formats, on request.

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Essex County Council

TRAVEL TRAINING

A step towards independence





Who can we help?

We work with children and adults with disabilities or SEN across Essex, Southend, Suffolk and beyond. The training delivered is on a specific journey – for example, to and from school, a college or adult day centre.

In a lot of cases, the service is free of charge – please see our website for more details. Where a charge is payable, we will contact you to discuss this.



Where do I apply?

We have an online referral form – please visit our website and complete one. Upon receipt, we aim to be in touch within ten working days.

Anyone can make a referral – teachers, college staff, Council worker, parents, carers or for yourself!

How do we help?

A dedicated trainer will accompany a student or adult on a one-to-one basis on their journey; providing encouragement and guidance until we feel confident that they have developed the necessary skills to travel independently.

Our team of specialist trainers will work to develop skills such as:

- Personal and road safety
- Confidence in using buses or trains
- How to use timetables and buy tickets
- Money skills
- What to do when things go wrong



Scan this QR code with your smart phone to visit **www.travel-training.co.uk**